

Strange habits of 10 famous people



Cameron Diaz never opens doors with her hands. She uses her elbows, because she wants to avoid bacteria and germs.



Angelina Jolie eats bugs. They have lots of protein and are easy to grow. This diet is unusual in America and Europe, but it is popular in Africa and Asia.



Christian Bale loves to do all the things that other people are superstitious about. He walks under ladders, breaks mirrors, and pets black cats.



Eminem likes to sleep in rooms which are totally dark. He says it helps him rest well. When he goes to a hotel, he asks for all the windows to be covered.



Jason Segel loves puppets so much he has them in almost every room of his house. There is one room just for puppets and nothing else.



David Beckham must have everything in even numbers or in pairs. For example, he must have four shirts or eight drinks in the fridge. If there is an odd number, he will hide or throw away the last one.



Shah Rukh Khan loves his shoes so much he only takes them off when he goes to bed. Sometimes, he goes to sleep in his shoes.



Adele always chews gum. She doesn't like to throw it away even while she sings.



Katy Perry brushes her teeth six times a day because she wants to keep her beautiful smile. She also carries 20 unused toothbrushes with her, in case she needs a new one.



Jennifer Lawrence doesn't like to go out after 11 pm. If she does not have to work, she stays at home, eats pizza and watches TV shows.

Questions:

1 How many of these famous people do you recognize?

2 Which of their habits can be dangerous?

3 Which of them are not very strange or problematic?

4 Who has a reason for keeping their habits, and who does not?

5 Discuss: Do you have any strange habits? Is there a reason you have these habits? Do they help you, can they be a problem, or are they neutral?